

Dance Cuban Charity Fiesta 25th May

In association with

Jacqui (UK)

John (Keir Norwich)

Ros (Uk and France)

Anglia Salsa Rueda

Jose (Guantanamo Cuba)

Guest Ariel (Havana Cuba)

£ 20.00 all day and night pass

£ 15.00 all day workshops

£ 6.00 single workshop

£ 8.00 party night and shows

In aid of the Air Ambulance



10am Start 25th May	Class 1	Class 2	Class 3 Free entry
10.30-11.20	Ladies Cuban styling with Sharon	Mens Cuban styling + Rumba with Richard	
11.30-12.20	Cuban in your Salsa Richard and Sharon advanced	Cuban in your Salsa John and Ros improvers	
12.30-12.45			Rueda Demo
12.45-1.30	Rueda for all Anglia Salsa Rueda	Rueda Advanced Jacqui	
1.30-2.15	Lunch		DJ Reggaeton for kids
2.15-3.00	Music Appreciation For all with John		Cuban Salsa taster (outside)
3.10-3.40	Son taster for all With Jacqui	Beginners Salsa 1hr	Salsa for Kids (outside)
3.50-4.30	Samba taster for all With Ros	Beginners salsa continued	
4.30-5.30	Orisha with Ariel		
5.30-6.00			DJ
6.00-7.00			DJ Chill out time. Jamming session. Other tbc
7.00-7.30			DJ
7.30-8.20	Ariel Conga Class	Party Night	
8.20	DJ		
	Shows Egyptian dance Drumming with Jose Orishas with Ariel Eceni Tribal dance DJ Cuban Music		
Midnight +			

Dance Cuban Charity Fiesta 25th May

The aim of the day to bring to the area the Culture and flavour of Cuban Music and Dance.

As well as a taste of other Dances from around the World and in doing so raise money for the East Anglia Air Ambulance.

We hope this day will bring together the local Dance communities and encourage people to get more enjoyment from their pastime and to increase the understanding of music and dance.



Mojitos available at the bar



Guest Ariel, Ariel Rios Robert:

Ariel is the director of the Conjunto Folklorico of the University of Havana and taught at the National Arts Instructor School for teachers-in-training. He has fifteen years experience as a professional dancer and has performed and choreographed for internationally renowned companies including the National Ballet of Cuba, Isadanza and Yoruba Andabo. He specialises in Cuban popular dancing, Afro-Cuban, modern and contemporary dancing. Ariel is highly skilled and knowledgeable in these traditional Cuban dances



Jose : born in Guantanamo, Cuba in 1968, began his study of Afro-Cuban folkloric percussion in 1978, and joined 'Danza Libre' – an internationally acclaimed dance and percussion company in 1993. His daily work with Danza Libre gave him valuable experience in both performance and teaching, and led to his recognition as a master percussionist. He continued this work until he came to live permanently in England in 2005. Danza Libre have performed and taught all over Cuba as well as internationally.

In 1998 he formed 'Ara y Rawo' - a 'rhumba' group of 10 performers which he managed until 2005. 'Ara y Rawo' is Yoruba for 'Land of Stars'. The group performed regularly in cabaret and ran a weekly programme to promote rhumba to the young people of Cuba.

Jose first came with Danza Libre came to England in 2001 and toured all over the country, including the following:

- Womad Festival (main stage)
- Glastonbury Festival
- BBC TV – The Generation Game
- Drum Camp, Norfolk
- Norwich Playhouse
- LCR Rooms, University of East Anglia
- Waterloo Park, Norwich



John of Salsa Viva: John runs those great Friday nights at the Keir Hardy Hall in Norwich. As well as A few classes in North Norfolk.

He is very passionate about Cuban Salsa and has been part of the Cuban vibe in Norwich for many years.

Some say his heart beat is pumping away to 3-2 clave.



Venue: Sutton Staithe Hotel, near Stalham

Signposted off the A149. NR12 9QS

Venue by the River with Two wooden

dance floors, all day Bar, Grassed areas

With benches. Rooms available 01692 580244

Jacqui: comes from Gorleston and for many years taught Rueda in a wonderful loft over looking Yarmouth Harbour. Her passions are all things Cuban and a love of that great Brazilian carnival Sound the Samba and if you have ever heard a Samba band you will know why.

She is the most known and respected member of the local Salsa world.



Food and drink: The venue will have a Bar-B-Q from 12 to 3pm where food can be bought. Bar food will be Available and they have a restaurant.

Please do not consume your own food or drink on the Hotels premises and grounds, there is a public Staithe with a large grassed area by the river if you wish to bring a picnic. In Stalham 3/4 miles away there are Takeaways and fish and chips at Potterheigham 2.5miles

Ros: Comes from Norwich and often is found in France She has a very wide knowledge of Dance and Music that covers most of the dances found in the Latin World.

So if you want to dance Samba, Lambada, Reggaeton, Bachata, Son, etc etc etc

She bubbles over with the passion to dance and loves to Pass her knowledge on.



Rueda de Casino: danced with partners in a Circle with someone calling moves.

The Advanced class is for people with a good knowledge of Rueda that can dance the simple moves with ease. If you are unsure then please join the Rueda for all.

Cuban Styling classes: you must know the Basic Cuban footwork. This will contain Body movement from the Orishas and Rumba

Cuban in your Salsa: these are Cuban Salsa Dance Classes concentrating on making you and your partner look and move more Cuban.

Orisha with Ariel: this class is the life blood of your Afro-Cuban movement. The Orisha are Spirits of Afro Cuban religion. Each one has there own identity and power over different aspects of life which are portrayed in there dance

Sharon and Richard from Dance Cuban (Host's) Started dancing together 6 years ago and after a year found their love in Cuban Salsa and Rueda.

Sharon has trained with the best UK and Cuban Teachers in London.

Classes are Run in Acle and Sutton.



Anglia Salsa Rueda , aka "The Boys"

Max, Bren and Kevin, taught Rueda by Jacqui in Gorleston Have now taken over her Classes and run them in Norwich on a Sunday Night.

They will be turning up the fun and giving everybody that can put two feet together a taste of Rueda de Casino.

